

Body Composition

Body Mass Index (BMI) Norms for Males

Healthy People 2010 objective is that 60% of population be 19 to no more than 25.

Percentile Rank	Age					
	15 - 19	20 - 29	30 - 39	40 - 49	50 - 59	60+
95	18	19	20	21	21	21
90	19	20	21	22	22	21
85	19	21	22	23	23	23
80	20	21	22	23	24	25
75	20	22	23	24	24	25
70	20	22	23	24	24	25
65	21	22	24	25	25	25
60	21	23	24	25	25	26
55	21	23	24	25	25	26
50	22	23	25	26	26	27
45	22	24	25	26	26	27
40	22	24	26	27	27	27
35	22	25	26	27	27	28
30	23	25	27	28	28	28
25	23	26	28	29	28	28
20	24	27	28	29	29	29
15	25	27	29	30	30	30
10	26	28	30	31	31	31
5	28	30	32	32	34	33